

POST TREATMENT INSTRUCTIONS

Due to manipulation within the root canal, the tissues around the tooth may become bruised and irritated. This may cause your tooth to be uncomfortable and sore for a few days, especially to touch and bite. The discomfort may be severe. The prescribed over the counter medication should be sufficient to relieve the pain. If you have been given a prescription from the doctors, please follow the instructions carefully. Please do not drink alcoholic beverages, drive a vehicle or operate dangerous machinery while taking the pain medication. We prescribe the pain medication as a back-up in case the aspirin, advil, or tylenol are not sufficient to relieve the discomfort.

Antibiotics (Penicillin, Metronidazole, Erythromycin, Tetracycline, etc...) combat infection. **Monitor your temperature for a couple of days following your visit to our office.** If you are running a fever or experiencing facial swelling or severe pain, you will need to fill your antibiotic prescription. You will need to fill your antibiotic prescription if there was a previous root canal on this tooth. If there is an emergency, please call my cell phone at **843-443-7686**.

We place a temporary filling in the endodontically treated tooth until you can return to your dentist for a final restoration. Sometimes the temporary does not have the exact contour of your natural tooth, and you may need to return to our office several days after treatment for a minor occlusal adjustment.

After the root canal is completed, a **PERMANENT RESTORATION WILL BE NEEDED** for the tooth. A crown may be needed to enhance the strength of the tooth. This will be determined by you and your dentist.

PLEASE NOTE THAT THE FEE FOR THE ROOT CANAL DOES NOT INCLUDE THE FINAL RESTORATION. It is essential that you contact your dentist within a couple of weeks for this <u>final restoration</u> to ensure the success of your root canal. If this is not done, fracture and/or leakage will cause your root canal to fail.

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- 1. Take 600 mg of Ibuprofen every 4-6 hours as needed.
- 2. If severe pain should arise or facial swelling occurs or fever, take your prescribed pain medication and antibiotics. If pain and swelling continues please contact our office.
- 3. PLEASE ONLY EAT SOFT COLD FOODS FOR THE NEXT HOUR, AFTER THAT YOU MAY EAT LIKE YOU NORMALLY WOULD try to chew on the opposite side of your mouth from where the root canal was done until you have your permanent restoration.
- 4. A medicinal taste may come from the area where the root canal was performed.

RECALLS:

Recent studies have shown that endodontic treatment is successful in 95% of all cases. Rarely are additional procedures required to save a tooth. If you are so informed, you will need a recall appointment in six months to a year following your treatment, an x-ray will be taken and compared to the x-rays that were taken at the time of the root canal. There is a nominal fee for this appointment.